

## 5 Different Types of Alcoholics and When to Seek Addiction Treatment

by Evolve Indy | Oct 21, 2023 | Blog



Alcoholism affects millions of people around the world, yet not all alcoholics experience this addiction in the same way. Depending on their lifestyle, type of drinking habit or support system available to them, different types of alcoholics are likely to show and suffer from a variety of symptoms that may require addiction treatment at some point in time.

We will explore five unique types of alcoholics as well as discuss potential signs that signify it's time to seek help for an impending problem with alcoholism.

### Social drinkers

For some people, social drinking is a fun way to unwind and connect with others at a party or out to dinner. However, some only drink when they're in a social setting and don't have any desire to drink on their own. They don't consume enough alcohol to become addicted and can moderate their intake to avoid any negative consequences.

These individuals enjoy the social aspect of drinking but understand the importance of balancing it with other aspects of their lives. While social drinking can be a harmless activity, it's important to always drink responsibly and never feel pressured to drink more than you're comfortable with.

### Binge drinkers

Binge drinking has become a widespread problem, especially among young adults. It refers to the act of consuming large amounts of alcohol within a short period, usually in a single session. The consequences of binge drinking can be severe, ranging from impaired judgment and motor skills to alcohol poisoning and even death.

Meanwhile, some binge drinkers may even develop alcohol addiction, which comes with a host of physical and mental health issues. Despite the danger, binge drinking continues to be a popular pastime for many. To break the cycle, [education and intervention](#) are critical to helping individuals understand the risks and consequences of this behavior.

### Chronic alcoholics

These individuals are addicted to alcohol and often require professional help to overcome their addiction. It's a disease that can affect anyone, regardless of their background or status in life. With the help of dedicated healthcare professionals, many have been able to break free from the cycle of addiction and regain control of their lives.

It takes strong willpower and determination, but the rewards of sobriety are worth it. It's important for those struggling with addiction to know that they are not alone and that help is available.

### Functional alcoholics

Addiction can be a crippling force in one's life, but for some functional alcoholics, the grip of addiction doesn't keep them from maintaining a job and family life. It's a complex phenomenon that can be difficult to understand.

Without showing any of the stereotypical signs of addiction, like missing work or getting into trouble with the law, functional alcoholics are often able to keep up the façade of a "normal" life. However, this doesn't mean that their addiction isn't taking a toll on them and those around them. It's important to acknowledge the struggle of these individuals and offer them support and resources to combat their addiction.

### Unresponsive alcoholics

It's a tragic reality that some individuals suffering from [alcohol addiction](#) reach a point where they become unresponsive to the harmful effects of their drinking. It's a heartbreaking situation for both the afflicted person and their loved ones, who often feel helpless and unsure of what to do next.

Often, these individuals have experienced significant negative repercussions as a result of their addiction, yet they are unable to change their behavior. Addressing the needs of unresponsive alcoholics requires a multidisciplinary approach that addresses the physical, psychological, and emotional aspects of addiction.

### Signs you should seek addiction treatment for yourself or someone close to you

Recognizing when you or someone you love needs addiction treatment can be a difficult task. There are a few signs to be aware of, such as escalating drug or alcohol use, loss of control over substance use, withdrawal symptoms when trying to quit, and negative consequences in personal and professional life.

If you or someone you know is experiencing any of these, seeking addiction treatment is the next step towards recovery. Remember, addiction is a disease that can be overcome with the right help and support.

### Contact Evolve Indy Today

We need to realize alcoholism is not something to take lightly, it's a disease that requires treatment and assistance. It may be difficult to seek out treatment or even admit that one needs help, but this is vital for someone struggling with addiction to get the help they need.

There are many organizations dedicated to assisting people with alcoholism recovery such as [Evolve Indy](#) – these organizations provide needed support during such a trying time. To continue into this journey of recovery from alcoholism, [call Evolve Indy Today](#) and find out how they can assist you on your journey of recovery.

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