

St. Louis, Missouri Drug Addiction Treatment Center

by Evolve Indy | Nov 2, 2022 | Blog



According to recent data, the state of Missouri registered the fourth-highest rate of substance abuse in the country, as of 2020. The state is grappling with an opioid crisis with both fatal and nonfatal drug overdoses becoming an epidemic over the last 10 years. This has negatively impacted the lives of countless families and communities and has become a major public health concern.



If you're a resident of St. Louis looking for a drug addiction treatment center in Missouri, there are several options available. You don't have to restrict yourself to drug rehabs in the state and can choose to travel out of state for treatment. Regardless of what you choose, you need to know how to sift the good rehab facilities from the not-so-great ones.

The following is what to look for in a good drug addiction treatment center:

The treatment programs offered

Most treatment facilities offer addiction treatment programs that exist in a continuum of care. This means that you may be started with inpatient treatment before stepping down to **partial hospitalization**, **intensive outpatient care** then finally **outpatient treatment**. Your progress will be monitored throughout and some even offer **family therapy** to help the entire family recover from the effect of addiction.

The cost of treatment

Addiction treatment can be costly so you need to find a treatment center that suits your budget. If you have insurance, opt for a facility that accepts your carrier. If you're not covered, choose one that offers different payment plans to help you meet the cost of treatment.

The facility's reputation

Selecting the right treatment facility to guide your recovery journey is a huge deal. You want one with a solid reputation among former clients. For the best outcome, choose a treatment center that uses evidence-based programs and individualized treatment plans.

The amenities and facilities

You need to decide what facilities and amenities you'll be comfortable with in rehab. While some facilities only provide basic shared facilities, others can be quite luxurious. Some rehabs offer experiential learning and curricular activities to complement treatment while others only provide therapy. Choose what suits your needs.



The environment at the facility

Recovery from addiction needs a serene, conducive environment where the staff is not only professional but also understanding and non-judgmental. You require an environment that's free of triggers and temptations and also one that encourages and motivates you to rebuild your life free from addiction.

Talk to Us Today

As a premier addiction treatment center, Evolve Indy caters to clients in Indiana and beyond. We are dedicated to providing quality, safe and comfortable alcohol and drug treatment services to those struggling with addiction, whether they're from St. Louis Missouri, or elsewhere in the country. [Come talk to us](#) today and let's see how we can help you.

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- Recovering Identity: Rediscovering Oneself in Alcohol and Drug Rehabilitation
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Call us at: 1-855-495-1063

Evolve Indy is a Joint Commission Accredited, Premier Drug & Alcohol Treatment Facility in Indianapolis, Indiana Offering Evidence-Based Treatment for Substance Abuse.

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