

# Why Should You Seek Addiction Treatment Close To Home?

by Evolve Indy | Jan 25, 2023 | Blog



or gender. When someone is struggling with addiction, it impacts every area of their life – including their relationships, work, and physical health. If you or someone you love is battling addiction, it's important to seek treatment as soon as possible.



But where should you go for treatment? Many people choose to seek addiction treatment close to home. In this blog post, we will discuss the benefits of seeking addiction treatment close to home and why you should consider this option!

## Support Systems

Having a strong support system is an essential part of recovery from addiction. When you seek an addiction treatment center close to home, it's easier for your loved ones to be involved in your recovery and offer their support.

Your friends and family can provide emotional and practical help, such as helping with childcare or attending therapy sessions with you. For example, if you're looking for alcohol addiction treatment in Indiana, friends, and family who live in the area can provide a strong support system.

## Cost

Traveling for addiction treatment can be expensive. Unless your insurance covers out-of-town treatment, you may find yourself spending a lot of money on transportation costs alone.

By seeking treatment close to home, you won't have to worry about covering the cost of travel expenses. For example, drug rehab centers in Indiana may be cheaper and more convenient than going to a center that's farther away.

## Accessibility

Addiction treatment close to home will also give you more accessibility to in-person recovery support services. These can include group therapy sessions, peer support groups, and 12-step meetings.

Having easy access to these resources is important for staying sober and avoiding relapse. For example, alcohol treatment in Indiana may include access to support groups and local 12-step meetings.



## Comfort

The idea of leaving home for treatment may be intimidating or uncomfortable for some people. Seeking treatment close to home allows you to stay in a familiar environment and provide yourself with the comfort and security that many need during this difficult time.

## Convenience

Finally, seeking treatment close to home is much more convenient. You won't have to deal with transportation issues or stress about finding a new place to live in an unfamiliar city. Everything you need is already within reach and this can be beneficial for your recovery journey!

At the end of the day, choosing where to seek addiction treatment is a personal decision. But if you're looking for convenience, support systems, and affordability – then consider seeking addiction treatment close to home! The benefits of doing so can help make recovery smoother and easier.

At Evolve Indy, we understand the importance of having a strong support system during recovery and strive to create a safe and welcoming environment. We work together with our clients' friends and family members to ensure they have the tools and resources they need to succeed on their journey toward recovery.

From group therapy sessions, peer support groups, 12-step meetings, medical detoxification services, medication-assisted treatment programs, and more – we offer a full spectrum of addiction treatment services at Evolve Indy.

Our multidisciplinary team is made up of mental health counselors and addiction counselors who are passionate about helping individuals reclaim their lives from the grips of substance use disorder and lead healthier lives.

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Call us at: 1-855-495-1063

Evolve Indy is a Joint Commission Accredited, Premier Drug & Alcohol Treatment Facility in Indianapolis, Indiana Offering Evidence-Based Treatment for Substance Abuse.

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