

Opioid Detox, Rehab, and Addiction Treatment in Indiana

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Opioid addiction is one of the public health crises that Indiana is currently dealing with. Opioids are useful for relieving or treating chronic pain, which is why so many doctors prescribe them in the first place. Unfortunately, they're also highly addictive and you risk developing dependence on them if you don't strictly follow your prescription.

Once you're addicted to opioids, you'll need the right opioid addiction treatment to help overcome it and restore your life. Thankfully these days several addiction treatment centers in Indiana offer this kind of treatment, including Evolve Indy.



Opioid Addiction Treatment in Indiana

As the premier addiction treatment center in Indiana, we at [Evolve Indy](#) have years of experience helping people beat opioid addiction. We have a range of treatment programs designed to help those struggling with addiction.

However, before being admitted to one of our treatment programs, we normally advise clients with opioid addiction to first undergo detox. Detoxification is a process that allows your body to cleanse itself of any harmful toxins, including opioids.

This process may trigger withdrawal symptoms and we recommend medically assisted detox to help deal with any complications and to make you as comfortable as possible. Once you get through detox, you'll be mentally and physically prepared to commit to a treatment program.

The addiction treatment programs we offer those struggling with opioid addiction include:

Partial Hospitalization

Our [partial hospitalization program \(PHP\)](#) is designed to be a step down for those who've completed residential treatment and are looking for a way to ease themselves back to regular life. Individuals attend treatment for several hours a day, several times a week without staying overnight at our rehab facility in Indiana.

Intensive outpatient drug rehab

The [intensive outpatient program](#) is typically the next step after completing PHP. This program gives you more freedom than residential treatment, allowing you to gradually resume your daily life. This program benefits those with mild addiction and minimum mental health concerns.

Outpatient treatment

The [outpatient treatment program](#) is designed for those with mild to moderate opioid addiction and no co-occurring illnesses. If you're admitted to this program, you'll have to attend treatment sessions several times a week before going back home. This gives you the flexibility to keep up with your work, school, or family responsibilities while receiving treatment. For this to work, you need a supportive environment back home.

These addiction treatment programs rely on evidence-based methods and individual treatment plans to help our clients overcome their addiction to opioids. We use both individual and group therapy to help individuals uncover the root causes of their addiction and find ways to move past them.

We also have a [family therapy program](#) designed for families that have been torn apart by addiction. During these sessions, we focus on helping family members rebuild their relationships while improving their communication and conflict-resolution skills.

With the right support and care, you too can beat opioid addiction. [Get in touch](#) with us at Evolve Indy and we'll be happy to guide your recovery.

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Call us at: 1-855-495-1063

Evolve Indy is a Joint Commission Accredited, Premier Drug & Alcohol Treatment Facility in Indianapolis, Indiana Offering Evidence-Based Treatment for Substance Abuse.

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