

# Lexington, Kentucky Drug Rehab

by Evolve Indy | Jul 8, 2022 | Blog | 0 comments



Admitting that you have a problem with addiction is the first step toward recovery. The next step is finding a suitable rehab center to guide you on your recovery journey. The rehab facility you choose can make or break your recovery process so you owe it to yourself to carry out due diligence before settling on one.

## If you are looking for drug rehab in Lexington, Kentucky, you may have to make your decision based on the following factors:

### Stay local or travel for rehab

As you carry out your research, you need to keep your mind open to the options available. You may not find exactly what you're looking for in Lexington or even in Kentucky but that doesn't mean help isn't available. You can widen your search beyond the state and choose to travel for rehab. Before making this decision, you need to weigh the pros and cons of staying local vs traveling for rehab. Traveling may give you access to better treatment but it will also mean leaving your support system behind.

### Your budget

You also need to think about how much the addiction treatment will cost. Rehab costs don't come cheap and if you travel for rehab, these costs can quickly add up in travel and accommodation costs. If you have insurance, some of these costs may be covered but then you need to ensure that the rehab facility accepts your insurance. At [Evolve Indy in Indiana](#), we work with the major insurance providers to make sure that our clients experience the lowest out-of-pocket costs for treatment at our facility.

### The treatment options offered

Additionally, you need to consider the type of treatment programs offered at the rehab facility. Does the rehab treat all addictions or does it specialize in some of them? What is their admission process and do they offer aftercare services? At Evolve Indy we offer a range of addiction treatment programs from residential treatment to [partial hospitalization](#) to [outpatient treatment](#) and [family therapy](#). We also have a robust aftercare treatment program to continue offering support after treatment.

### The amenities

Decide what amenities you'd be comfortable with when looking for rehab. Do you want a serene environment conducive to recovery or do you prefer one where your schedule is fully packed with activities? Can you pay extra for spa-like conditions or is simple accommodation more to your liking? Think through these questions before choosing a rehab.

### Recommendations and referrals

Lastly, find out what others are saying about the rehab facility before joining them. Do former clients recommend it and what are their testimonials? Getting referrals and recommendations from people who've undergone treatment at the facility can help you decide whether to enroll there or not.

## Choose Recovery At Evolve Indy

When looking for a rehab in Lexington, don't be afraid to consider rehab facilities in Indiana such as Evolve Indy. We have the staff, environment, knowledge, and passion to help you rebuild your life free from addiction. Get in touch with us today and let's get started.

### Submit a Comment

You must be [logged in](#) to post a comment.

 Search

#### Recent Posts

- [Prioritizing Self-Care While Fulfilling Family and Work Demands in Addiction Rehab](#)
- [Maintaining Accountability and Responsibility in Addiction Recovery](#)
- [How to Conquer Challenges Unique to Women's Treatment for Substance Abuse Disorders](#)
- [Providing Guidance for Family Members in Drug Rehab's Codependency Context](#)
- [Rediscovering Oneself in Alcohol and Drug Rehabilitation](#)
- [Emotional Resurgence: Navigating Feelings in the Rehabilitation Journey](#)
- [How Professionals Can Effectively Navigate Addiction Treatment](#)
- [Battling Demons: Confronting Mental Health in Alcohol and Drug Rehabilitation](#)
- [Finding Hope and Healing With an Adventure Program for Addiction Treatment](#)
- [8 Steps to Long Term Sobriety and A Life Beyond Rehab for Opiates](#)



Call us at: 1-855-495-1063

Evolve Indy is a Joint Commission Accredited, Premier Drug & Alcohol Treatment Facility in Indianapolis, Indiana Offering Evidence-Based Treatment for Substance Abuse.

#### Site Map

- [Home](#)
- [About](#)
- [Treatment](#)
- [Tour Facility](#)
- [Admissions](#)
- [Privacy Policy](#)



#### Get In Touch

Open 24 Hours a Day, 7 Days a Week

8770 Guion Rd SuiteB, Indianapolis, IN 46268



#### Our Facilities

- [Clinical Campus](#)
- [Men's Housing](#)
- [Women's Housing](#)

#### About Us

- [Media & More](#)
- [Careers](#)
- [Blogs](#)

#### What We Treat

- [Alcohol](#)
- [Opioids](#)
- [Cocaine](#)
- [Heroin](#)

#### Who We Help

- [Men](#)
- [Women](#)
- [LGBTQ](#)
- [Professionals](#)
- [First Responders](#)
- [College Students](#)

#### Areas We Serve

- [Bloomington, IN](#)
- [Jefferson, IN](#)
- [Noblesville, IN](#)
- [Terre Haute, IN](#)
- [Layette, IN](#)
- [Kokomo, IN](#)
- [Evansville, IN](#)
- [Cincinnati, OH](#)
- [Louisville, KY](#)