

Is There UMR Insurance Rehab Coverage?

by Evolve Indy | Mar 10, 2022 | Blog, Drug Treatment | 0 comments



UMR insurance coverage includes many UMR medical services revolving around addiction treatment. Through your UMR health insurance policy, clients can receive supportive and comprehensive addiction treatment through traditional rehabilitative practices. If you are wondering, does UMR insurance cover outpatient rehab, you are likely seeking help with addiction, and Evolve Indy can provide that.

At Evolve Indy, we accept most insurances and use those to provide clients with the most comprehensive care for addiction treatment. In addition, our treatment team is dedicated to offering the most supportive and individualized care for each individual through a combination of traditional and alternative methods.

Speak with an admissions counselor at Evolve Indy today to verify your insurance and see how we can support your recovery.

What Is Outpatient Rehab?

Outpatient rehab is addiction treatment designed to support individuals through addiction treatment while maintaining certain essential aspects of their lives. Through outpatient treatment, clients live at home and travel to attend frequent therapy sessions and support group counseling designed to educate individuals on healthy ways to avoid triggers and substance use.

In outpatient rehab, clients work with counselors individually and in a group setting to address their specific addiction and substance abuse issues. In addition, clients will work through cognitive behavioral therapies, mindfulness, and self-awareness techniques to better identify their triggers and struggles.

Clients in outpatient rehab will also meet with a medical professional, typically weekly, to monitor their physical process and complete check-ups. In addition, because of the freedom of outpatient therapy, clients will often need to submit urine samples or participate in other drug tests as part of their treatment program. This helps hold people accountable in a challenging time.

Lastly, outpatient rehab offers the opportunity for clients to build a community of supportive people who are also going through the same struggles. Through this process, individuals can learn to participate in outings, community events, and other activities in which they previously used substances. By building this supportive community near home, clients can develop strong friendships and support systems they did not previously have access to, to help them maintain sobriety.

Is There UMR Insurance Rehab Coverage?

Addiction treatment is covered by insurance, though it may not always cover different aspects of what you require. You can verify your insurance policy with your carrier or call a specific addiction treatment center with your information for them to confirm your coverage for you.

Individuals who have UMR insurance have a variety of coverage that can include inpatient, outpatient, some partial hospitalization, intensive outpatient, and personal therapy options. By identifying your insurance policy coverage, you can find the correct level of treatment to meet your substance abuse needs.

Does UMR Insurance Cover Outpatient Rehab?

UMR Insurance does cover some aspects of outpatient rehab treatment. Through UMR health insurance, clients can contact their provider to determine UMR in-network rehabs and what is covered in their policy. Through this process, clients can find a comprehensive outpatient treatment that best fits their needs and is also covered by insurance, making the overall out-of-pocket cost lower and more manageable.

To determine if UMR health insurance is covered by the outpatient rehab treatment center you want to attend, you can contact the treatment center to confirm your insurance coverage with an onsite treatment specialist. Going directly through the addiction treatment facility can determine what is covered explicitly at the treatment center and how much cost will be incurred through the program.

Finding a UMR in-network rehab can also provide benefits aside from cost. An in-network rehab will increase coverage options and lower the overall cost of many of the services available through treatment.

How to Find Treatment Covered by UMR Near Me

To find [rehab treatment covered by UMR in Indiana](#), it is essential to search your local area for available treatment programs using the UMR in-network treatment facilities. Through this process, can access the most supportive and comprehensive treatment for the lowest cost.

At Evolve Indy, our treatment facility prides itself on supporting individuals who are ready to make a change in their lives with addiction treatment. Our [outpatient treatment programs](#) are designed to provide individuals with the tools necessary to maintain sobriety. In addition, by developing support communities, our clients can work together to support one another through the early stages of addiction. Contact us today to [verify your UMR health insurance](#).

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Call us at: 1-855-495-1063

Evolve Indy is a Joint Commission Accredited, Premier Drug & Alcohol Treatment Facility in Indianapolis, Indiana Offering Evidence-Based Treatment for Substance Abuse.

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