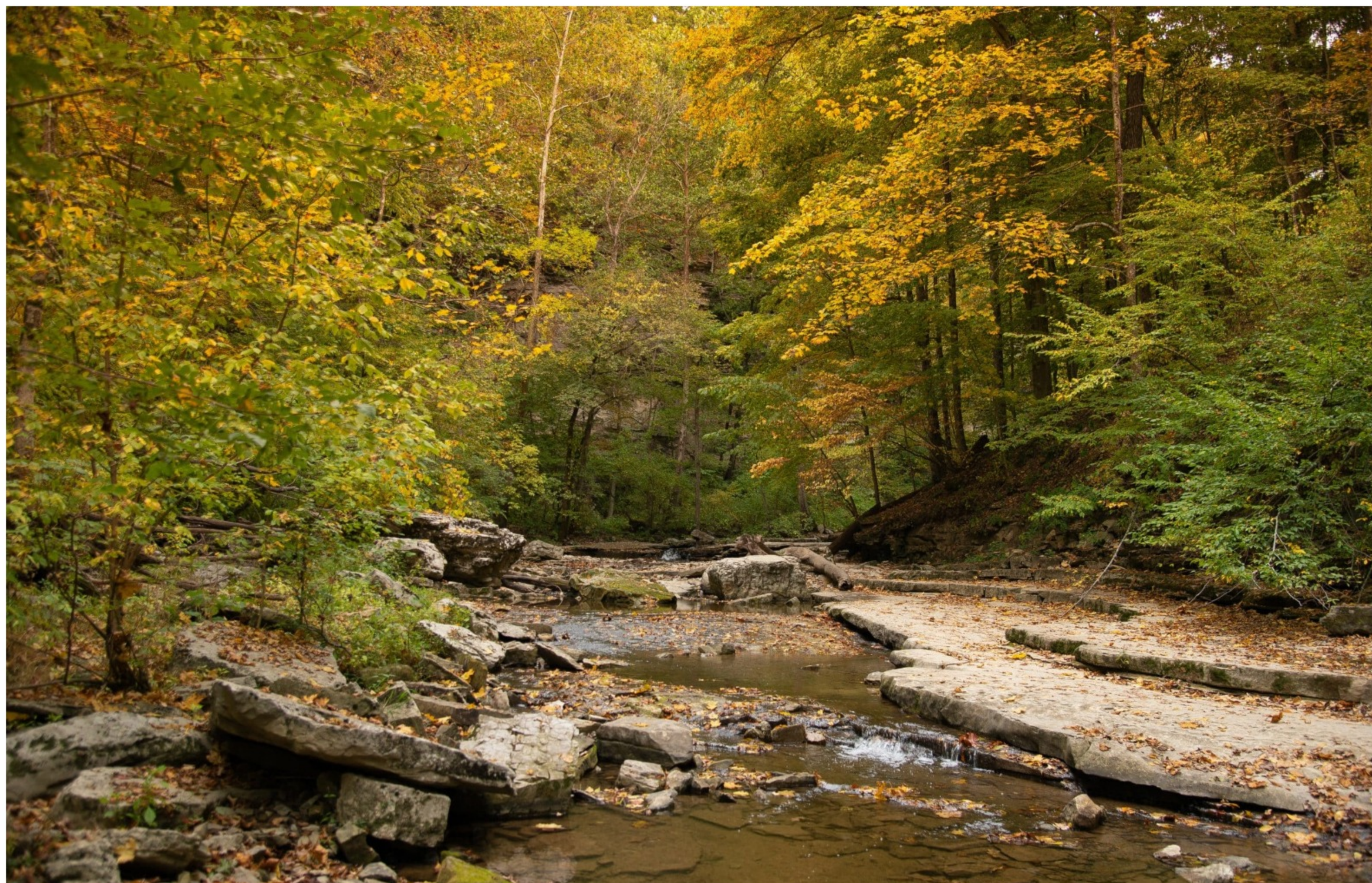


Drug Rehab Center In Indiana

by Evolve Indy | Sep 2, 2022 | Blog | 0 comments



Indiana, like most of the rest of the country, has an ongoing opioid epidemic that's devastating the community. Hundreds of opioid-related deaths are reported in the state each year and this, together with the hospitalizations, places a heavy burden on society. Additionally, a large number of Indiana residents use other drugs including heroin and marijuana.

If you're battling drug addiction in Indiana, one of the toughest decisions you have to make is accepting that you need help. You don't have to wait until you've hit rock bottom to change your life for the better. You can choose to take your first steps toward recovery by seeking out a drug rehab center in Indiana to guide you on your recovery journey.

With so many different drug treatment centers around, selecting a suitable one can be challenging. Here are some of the things to look for when choosing a good drug rehab:

The type and quality of treatment programs offered

This is perhaps one of the most important considerations when selecting a rehab. You need to find out what addictions they specialize in treating and then see if it matches what you have. Here at Evolve Indy, a premier drug and alcohol addiction treatment center in Indiana, we only make sure we offer evidence-based treatment for substance abuse. Once you come in, we'll give you an assessment and then match you with an addiction treatment program that suits your recovery needs.

We offer a variety of programs including residential and [partial hospitalization](#) for those who have severe addiction as well as [an outpatient](#) or intensive outpatient programs for those with mild addiction. We also provide dual diagnosis treatment geared at those who have underlying mental health issues along with their addiction. Our family therapy program is designed for families that have been torn apart by addiction and aim to help them repair and rebuild their relationships with each other.

The location of the facility

Another thing to consider is where the drug rehab is located. You may not be a resident of Indiana but wish to attend a treatment program there. If that's the case, you need to consider the pros and cons of attending a local rehab or traveling for treatment. If you choose to attend a local rehab, you'll be near not only your support system but also the same environment that contributed to your drinking.

Traveling for rehab, on the other hand, allows you to make a fresh start away from the negative environment. The downside is that you'll be separated from your support system and it might cost more in terms of travel and accommodation. Both options should be carefully weighed before you decide on drug rehab in Indiana.

How much the treatment cost

Addiction treatment costs can quickly add up, especially if you're not covered by insurance. This can be a huge drawback for those who need treatment. To work around this, you can chat with the rehab facility and find out if they have a provision to ease the burden on those paying out of pocket. For instance, some facilities allow their clients to pay in installments.

If you have insurance coverage, you need to confirm whether your carrier is accepted at the facility. Here at Evolve Indy, we work with most major insurance providers to ensure that as many people can access the treatment they need to get better.

Whether the facility is accredited

With so many treatment facilities in Indiana, it's important to make sure that the one you choose is accredited. Accredited drug rehab facilities have to adhere to certain standards and regulations. Being accredited helps organizations improve the quality of care they provide while fostering a culture of safety and quality. It also helps clients trust the institution. Attending an accredited rehab center like Evolve Indy puts your mind at ease that you're in safe hands.

The environment at the drug rehab

If you're looking to recover from addiction, you need an environment that encourages recuperation. This means that the rehab you choose should have a conducive environment, free from distractions. At [Evolve Indy](#) we strive to give our clients a calm and serene environment that allows them to fully focus on their recovery.

We take care to have professional and experienced staff who have helped plenty of clients struggling with addiction. By choosing us, you're ensuring that you have a drug and alcohol-free environment where your recovery is the priority.

The amenities and facilities at the rehab

Drug addiction treatment centers in Indiana differ in the types of amenities they offer. While some go for the bare basics, others aim at providing a more luxurious stay for their clients. This may include offering luxury accommodation along with chef-prepared meals and spa-like facilities among others. These of course don't come cheap.

Other facilities decide to provide experiential learning to go along with traditional talk therapy in most treatment programs. This may involve providing art or music classes, equine therapy, adventure programs, etc. Before settling on a rehab facility, decide what kind of amenities you're comfortable with and see if that can be supported by your budget.

What others are saying about the rehab center

A good way to decide if a particular rehab facility is good for you is by checking what previous clients are saying about it. You can do this by looking for reviews and testimonials on the facility. This will give you invaluable insight into how the treatment center is run, how they treat clients, and their relapse rate, among others. You can then use this information to make your decision.

Choosing a drug rehab center in Indiana can be challenging but you can't go wrong with Evolve Indy. We have helped hundreds of individuals struggling with addiction to break free and we're ready to do the same for you. Get in touch with us today and we'll be glad to guide and support you on your recovery journey.

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