

## Are There Painkiller Rehab Centers?

by Evolve Indy | Apr 14, 2022 | Drug Treatment | 0 comments



Many painkiller rehab centers are designed to support individuals with addiction to [prescription medications](#) and, even more specifically, prescription painkillers.

At Evolve Indy, our [Indiana outpatient programs](#) are designed to allow clients to focus on getting clean and maintaining their sobriety while living at home and maintaining their life. We teach clients how to manage stressors, clear their minds with mindfulness, and focus their energies on improving themselves and their lifestyles.

[Speak with an admissions counselor](#) at Evolve Indy today to see how we can get you back on track with your health.



### Why is Prescription Drug Addiction So Common?

Prescription drug addiction is so common because most medications that can provide the pain relief necessary are addictive. Doctors prescribe medicines based on weight, history, and need but can only monitor how much is given, not how an individual chooses to use the medication at home.

Prescription addiction treatment is necessary because individuals use prescription medications at home. A doctor prescribes the drug to be used at a safe and measurable rate, but complications can arise if an individual does not follow that.

Prescription drug addiction is possible when an individual misuses their prescription. The idea of misusing a prescription medication can include:

- Taking it too frequently or at a higher dose.
- Altering how it is taken.
- Taking it with other substances.



Combining a prescription medication with other drugs increases the likelihood of an individual having adverse effects while using the drug and becoming addicted.

### What Prescription Drugs Are Commonly Abused?

The [most commonly abused prescription drugs](#) include opioids and opiates, stimulants, and central nervous system depressants. These cover the main groups of medications, pain killers, focus enhancers, and mood stabilizers.

Opioids and opiates are commonly abused in the painkiller category. Individuals who misuse painkillers can do so in any way listed above but do so most frequently by taking more than prescribed or more regularly if the pain is still evident. Suppose the pain is still apparent at the current dose provided by the doctor; this can indicate tolerance or the need to up the prescription. However, this should be medically recommended. Prescription opioid abuse can be fatal, and even more so when mixed with other substances like alcohol or stimulants.

The second group of commonly abused prescription drugs is stimulants. Stimulants are most often prescribed as ADHD medication and are most widely abused through irregular use or taking someone else's prescription.

Lastly, mood stabilizers are also commonly misused. This occurs when an individual takes too much or combines medication with another substance. Mood stabilizers can be prescribed to be taken 'as needed' but, this can lead to dangerous consequences.

### What are the Signs of Prescription Drug Addiction?

Prescription drug addiction will have multiple signs that are both physical and social. While the physical symptoms are directly related to the prescription drug being abused, prescription drug addiction follows similar social signs.

Prescription drug rehab may be necessary for individuals who have the following symptoms:

- Doctor shopping or trying to find a doctor that will prescribe them more if their doctor won't
- Attempting to obtain the drug by lying or stealing
- Spending the majority of their time thinking about use, using, or recovering from use
- Changes in relationships due to drug use
- Giving up favored activities to use



When individuals become addicted to prescription medication, it is crucial for them to get help from their doctor and attend treatment designed around prescription drug rehabilitation. Prescription drug addiction can cause more harm than good and lead to fatal overdoses with improper use.

### Are There Painkiller Rehab Centers in Indiana

There are prescription painkiller rehab centers in Indiana. They provide different levels of programming based on the addiction needs of the client and are designed to provide structured care around prescription drug addiction.

Individuals can access inpatient, partial hospitalization, intensive outpatient, and outpatient treatment for prescription painkiller addiction.

If you are ready to get help now, check out Evolve Indy. Evolve Indy offers supportive [Indiana-based intensive outpatient](#) and outpatient therapy for prescription painkiller treatment. These outpatient treatment programs are designed specifically for the client's needs and support all lifestyles and treatment needs. Painkiller addiction treatment can help individuals get back on their feet with physical, mental, and emotional prescription drug rehab.

[Contact](#) Evolve Indy at 1-855-495-1063

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