

8 Facts About Meth Addiction You Wish You Had Known

by Evolve Indy | Jan 23, 2023 | Blog



Meth addiction is a serious problem in the United States. According to the National Institute on Drug Abuse, "methamphetamine is a powerful stimulant that affects the central nervous system.

It is made in illegal laboratories and has a high potential for abuse and addiction." If you are looking for information about meth addiction, you have come to the right place. In this blog post, we will discuss 8 facts about meth addiction that you wish you had known!



Meth Addiction Develops Quickly

It doesn't take long for a person to become addicted to meth, as the drug produces an intense and powerful high that only lasts a short time. This leads people to seek out higher doses of meth in order to achieve the same effect. Also, because meth is a stimulant, it can lead to increased alertness and an overall feeling of euphoria.

Meth Increases Dopamine Levels in the Brain

In healthy individuals, dopamine is released when something pleasurable happens and helps regulate moods and reward-seeking behavior. However, when someone uses meth, they are flooding their brain with an excessive amount of this chemical which can lead to problems like addiction.

Also, when the effects of meth wear off, dopamine levels can plummet to below normal, leading to depression and anxiety.

Withdrawal Symptoms Can Go From Bad to Worse

Meth addiction doesn't just include physical dependence but also psychological and emotional issues. People who try to quit using meth may experience extreme cravings, depression, anxiety, and other unpleasant symptoms. The withdrawal symptoms from meth are severe and can be fatal if not **managed properly**. Also, relapse is common with meth addiction.



Meth Abuse Has Physical Consequences

Long-term meth abuse can have a variety of negative physical consequences including skin damage from sores caused by scratching at the skin, tooth decay due to grinding the teeth or excessive sugar consumption, and weight loss due to decreased appetite.

Also, meth abuse can change the structure of the brain, leading to cognitive deficits and an increased risk of stroke.

Treatment for Meth Addiction Is Available

Treatment for meth addiction typically involves behavioral therapy and medications designed to reduce cravings and help with sobriety. In addition, counseling may be recommended in order to help the person understand and cope with the underlying issues that led to their addiction. Also, support groups can be a great way to stay on track with recovery.

Meth Abuse Can Lead to Mental Health Issues

Meth abuse can cause a number of mental health problems, such as depression, anxiety, paranoia, psychosis, and aggression. Long-term use can also lead to permanent changes in brain chemistry that could persist long after the person has quit using meth. Also, people who abuse meth are at an increased risk of suicide.

Meth Abuse Can Be Fatal

Meth abuse can lead to a variety of dangerous and potentially fatal consequences due to the drug's stimulating effects on the body. These risks include stroke, heart attack, seizures, organ failure, or even death due to an overdose. Also, meth abuse can lead to an increased risk of diseases like HIV, hepatitis C, and other infections due to injection drug use.

Meth Abuse Can Lead to Criminal Activity

Meth abuse can lead to an increase in criminal activity, as people addicted to meth may engage in activities such as burglary or theft in order to obtain the drug. In addition, the dangerous effects of meth can lead to violent and risky behavior which can put both the user and those around them at risk.

Meth addiction is a serious problem that can have severe and potentially deadly consequences. Understanding the facts about meth addiction is an important step to making informed decisions about your health and well-being. If you or someone you know is struggling with meth abuse, seek help right away! **Treatment options** are available and recovery is possible.

We Are Here To Help

Evolve Indy Treatment Program provides a comprehensive approach to treating meth addiction. Our program combines expert-level therapy with modern and traditional methods to effectively address the root causes of addiction. We believe that no two people are alike and tailor our treatment programs to fit each person's unique needs.

Our team of highly trained professionals uses a variety of psychotherapeutic techniques such as cognitive behavioral therapy, motivation enhancement therapy, and family systems therapy in order to help individuals work through underlying issues. In addition, medication-assisted treatment is available for those who require it in order to help manage withdrawal symptoms and cravings.

We also provide support groups and access to 12-step programs so that individuals can build a strong support network while they are on their journey to recovery. For more information or to get started, **contact us today**. We are here to help you achieve lasting sobriety and gain control of your life!

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Evolve Indy is a Joint Commission Accredited, Premier Drug & Alcohol Treatment Facility in Indianapolis, Indiana Offering Evidence-Based Treatment for Substance Abuse.

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