

By The Professionals At Evolve Indy

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If you are searching for drug rehabs ‘near me’ it is important to consider all the types of rehabs available to you in your area. IOPs are just some of the many addiction treatment programs available to you. They can function as your initial foray into treatment or as an aftercare or relapse program for individuals who have experienced addiction treatment previously.

Evolve Indy is the premier addiction treatment center in Indianapolis. We offer partial-hospitalization programs, IOPs, outpatient, and family therapy at our state-of-the-art facility. Contact us today to see if our compassionate staff and elite facility meets your or your loved one’s addiction treatment needs.

## What Is an IOP Drug Rehab ‘Near Me?’

An IOP drug rehab is the perfect intermediary between inpatient and outpatient addiction treatment. Intensive outpatient programs (IOPs) marry the intensity of inpatient residential rehabilitation with the availability of an outpatient program. Through this dynamic combination, clients can receive intensive addiction treatment through individual, group, and family therapy, which are necessary for rehabilitation, while maintaining some semblance of normalcy in their lives.

When selecting an IOP rehab, clients can schedule all individual and family appointments at times that work for their schedule while attending group counseling sessions at a specified time that works with their home and work schedule.

Selecting an IOP drug rehab “near me” provides the opportunity for individuals to access rehabilitative treatment near their work or home and develop a sober community in their own area. The development of a sober community in the area surrounding you is one of the greatest benefits and strongest factors in long-term sobriety.

## Who Should Go to IOP Drug Rehab?

Intensive outpatient programs are for two types of individuals, those who have already completed an inpatient treatment program or those who must continue working or caring for their family while attending treatment.

IOPs work for individuals who have previously attended inpatient programs and need help after a relapse or continued aftercare support. Through IOPs clients need to have a certain level of motivation and education about rehabilitation and what it takes to remain sober. IOPs are mid-level restrictive, requiring more frequent visits to the facility than other outpatient programs and often involving drug testing to monitor continued sobriety throughout the program.

IOPs also work for individuals who have a family or work commitment that they are unable to put on hold to attend inpatient residential addiction treatment. While residential inpatient rehab is often seen as the best option for those starting out, for some individuals, intensive outpatient programs work because of the flexibility they offer to their client.

## How Can Evolve Indy Help You or Your Loved One Get Sober?

Evolve Indy is a premier addiction treatment center located in Indianapolis, IN. Our addiction treatment center focuses on developing a trusted recovery community of adults in the Indianapolis area. Through our various programs, our clients can build a sober community of support to help them maintain sobriety even after graduating one of our programs.

At Evolve Indy we offer partial-hospitalization or partial day programs, intensive outpatient programs, outpatient programs, and family therapy. By providing our clients the ability to maintain a semblance of normal life, they can put into immediate use the skills and tips learned in treatment and group therapy.

Our IOP is ideal for clients who have a stable and safe living environment, mild addiction, and minimal additional mental health concerns. Meeting these standards ensures that you have the support and ability to remain motivated towards making a change.

If you are ready for a change, [contact Evolve Indy today](#) to see how our effective IOPs and outpatient programs work to encourage and support sustainable recovery in your area.

## Latest Posts



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There are lots of beneficial reasons why you might want to take a family approach to drug rehab. When you...



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Evolve Indy is a Joint Commission Accredited, Premier Drug & Alcohol Treatment Facility in Indianapolis, Indiana Offering Evidence-Based Treatment for Substance Abuse.



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