

How to Pursue Fentanyl Recovery

By The Professionals At Evolve Indy

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When it comes to **Fentanyl** recovery, it seems like everyone has an opinion or suggestion about what worked for them or a loved one. However, it is important to choose the recovery that best meets your needs.

By choosing a rehab facility that specializes in fentanyl recovery, an individual can be assured that the treatment they are receiving is the best fit for their needs.

At Evolve Indy, our addiction treatment program can be tailored to support individuals struggling with fentanyl recovery. Through detoxification and individualized treatment, we believe all our clients can use the skills they learn in our care to sustain sobriety for a life-time. Contact us today to see how our program can meet your specific needs.



What Is Fentanyl?

Fentanyl is a synthetic pain killer 80-100 times stronger than Heroin. Fentanyl is one of the deadliest drugs on the market. Typically unresponsive to single doses of Narcan/Naloxone, Fentanyl deaths **doubled** those of methamphetamines, cocaine, and prescription opioids in 2019.

50,000 people overdosed and died using opioids in 2019. Of those, 70% died using synthetic opioids like fentanyl. Prescription fentanyl can be injected, placed on a patch, or ingested in lozenge form. Illegal forms of the substance come in powder, dropped onto blotter paper, put into eye droppers or nasal sprays, or made into pills that mimic other drugs.

Some of what makes fentanyl most deadly is how cheap it is to make and add to other drugs. Often dealers will lace other drugs with fentanyl to cheaply increase the high. These combinations can be deadly.

Overdosing on fentanyl can lead to reduced breathing causing unconsciousness, coma, and death.

Why Is It Important to Seek Fentanyl Recovery at a Facility?

Like morphine, fentanyl attaches to the pain receptors on nerves and releases excess amounts of dopamine and incentivizes the reward receptors in the brain to want the drug.

It is important to see fentanyl recovery at a facility to help mitigate some of the withdrawal symptoms from using fentanyl. **Withdrawal symptoms** include: muscle and bone pain, sleep disturbances, diarrhea and vomiting, dehydration, cold flashes with goosebumps, uncontrollable leg movements, and severe cramping.

Some fentanyl rehabs offer Medically Assisted Treatment to support clients going through withdrawal. Through this process medication that binds the pain receptors like fentanyl, can be used to lessen withdrawal symptoms and support clients in their transition to a sober lifestyle.



How Do You Pursue Fentanyl Recovery?

When pursuing fentanyl recovery, it is important to select a rehab facility that has treated individuals with opioid abuse disorders. By choosing a facility that has, clients can be sure that the medical professionals are prepared and familiar with the drug and its effects.

Additionally, while most fentanyl recovery centers that offer detoxification have it medically monitored, it may be worth determining what kind of Medically Assisted Treatment they can offer.

Finally, when pursuing fentanyl recovery, it is important to consider what individualized treatments rehab centers can offer to support your substance abuse. By selecting a combination of traditional evidence-based therapies and alternative mindfulness and movement therapy, fentanyl addicts can heal their mind and body through treatment.

How Can Evolve Indy Help?

Evolve Indy is a drug and alcohol rehab located in Indianapolis. Our programs support individuals through individual and group therapy, family therapy and workshops, socialization and life skills, dual-diagnosis treatment, a 12-step introduction, and relapse prevention education.

At Evolve Indy we offer a partial hospitalization program, intensive outpatient program, outpatient program, and family therapy program. Through these programs, we support our clients with evidence-based therapy in combination with or without community housing. Through homey comfort and compassionate care, our clients feel at home battling their addiction.

Evolve Indy has experience supporting clients through fentanyl addiction, stimulant addiction, alcoholism, and many more. **Contact us today** to get a confidential call back in the next 24 hours.

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Evolve Indy is a Joint Commission Accredited, Premier Drug & Alcohol Treatment Facility in Indianapolis, Indiana Offering Evidence-Based Treatment for Substance Abuse.



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