By The Professionals At Evolve Indy

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3. Can I Go To Work While At A Live-In Treatment Center?

This is a question that is bound to crop up if you have a job and are struggling with addiction. A lot of people in this situation think that seeking treatment for their addiction will affect their job. This, along with the shame and guilt that comes with addiction, keeps them from seeking the treatment they need to get their lives back on the right track.

If you're battling alcoholism or an addiction to drugs, the hardest thing is often admitting that you have a problem. Once you get past this, it's time to find an addiction treatment center that offers the right treatment program to suit your recovery needs.

Addiction Treatment Options for those with Jobs

Thankfully, plenty of rehab centers these days, such as Evolve Indy in Indiana, offer flexible treatment programs to accommodate those who have jobs. Residential or inpatient treatment isn't the only option available for you. You can also look into our Intensive Outpatient Program or our Outpatient Program. Both of these are designed to cater to those who have additional responsibilities and can't spend 24 hours at a residential treatment program. Since you only attend a handful of rehab sessions every week under these programs, you can easily work them into your schedule.

Your Job is Legally Protected While In Treatment

But what happens if you have a full-time job and an addiction serious enough to warrant admission at a live-in treatment center? The nature of such treatment means that you have to be admitted to the center 24/7 for some weeks to get better. This will interfere with your schedule and you may have to speak with your employer about it.

While this may be stressful, keep in mind that your job is legally protected under the Americans with Disabilities Act. Under this law, addiction is classified as a disability, and you are protected from being discriminated against (or fired) because of it.

There's also the Family Medical Leave Act (FMLA). Under this law, qualified employees are eligible for 12 weeks of medical leave annually. You can use this time to seek addiction treatment without worrying about losing your job. Unfortunately, this is unpaid leave, so keep that in mind.

Help Is Available For Your Planning

Your job is an important part of your life. However, you shouldn't let it stand in the way of receiving addiction treatment. The sooner you sort out your addiction the sooner you can go back to being productive in your workplace.

If you're struggling with addiction and are worried about whether you can still work while receiving addiction treatment, come speak to us at Evolve Indy. We have a range of addiction treatment programs in Indiana that are suitable for those who are working on a contract, part-time or full-time basis. Additionally, we also offer the Partial Hospitalization Program which may be more suitable for you.

Don't let your job prolong your addiction. Get in touch with us today and free yourself.

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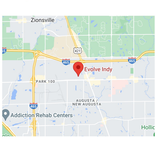
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