By The Professionals At Evolve Indy

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3. Carmel Indiana Drug Rehab & Addiction Treatment Center

Evolve Indy is a rehab center based in Indiana that offers a whole range of different treatment programs as well as expert support for those who are suffering from addiction. The center is located in Carmel and welcomes patients not only from this region but from further afield, allowing people to come and get their life back on track after becoming addicted to substances such as alcohol, heroin, or cocaine.

When faced with an addiction that is impacting your or a loved one's life, it is important to contact a professional and get help. The reality of facing a problem such as this can be daunting, however we are here to help you take that step in the right direction and avoid further problems such as hospitalization or life threatening consequences.

What are the Benefits?

When weighing the pros and cons of receiving treatment at a rehab center such as our Carmel location, there are a few main benefits we want to share with you.

It's cost-effective

The main concern for many patients looking to change their life is the cost of treatment. Here at Evolve Indy, we want to reassure you that our specialized treatments are affordable and we aim to make our treatments accessible to as many patients as possible.

It will fit your life

For those who have jobs, families, and other commitments it can be difficult to face the possibility of giving up control to get better. It is important for you to realize that our treatments will not interfere with your life. You can still work as normal or attend school during treatment, and you won't need to make arrangements for child or pet care as there is no need to travel.

You will learn to cope with stress

Stress is a word we are all too aware of, and many of us suffer from stress in our day-to-day lives. Stress can be a trigger for substance abuse and as part of our treatment, we will teach you how to identify your triggers and how to work through them.

Our Treatments

At our Carmel location, we offer a few different treatment options to help you overcome your addiction and start living a normal, healthy life. At Evolve Indy, we only use evidence-based treatments which are supported by scientific research, so when you come to us, you can be sure that you are going to be looked after the right way.

Partial Hospitalization Program

Our Partial Hospitalization Program is designed for those who have undergone a detox or residential treatment for their substance addiction. This program involves bringing in the patient for therapy as well as group therapy to help them focus on the mental and emotional part of addiction recovery. The aim of this treatment is to discover the underlying issues that contributed to addiction and to deal with these issues to prevent issues in the future.

Intensive Outpatient Program

The next type of treatment we offer is called the Intensive Outpatient Program and this is aimed at those who have recently completed a partial hospitalization program with us or another institution. This type of treatment differs from residential treatment because it does not take place in a hospital setting. This type of treatment is perfect for those with a busy lifestyle as it will not impact daily life and treatment can be undertaken within your own schedule. This program focuses on the ability to attain sobriety from substances and aims to give you the tools you need to live a healthy and happy life without the risk of relapse.

Outpatient Addiction Treatment

Our Outpatient Addiction Treatment in Carmel is aimed at those who have mild substance problems, or for those who have been part of an inpatient treatment that needs extra guidance and monitoring. The aim of this treatment is to allow the patient to go about their daily lives as normal with the added support of a rehab professional providing treatment and advice. This is for those who have a strong will and support system and can be a good option for those who are close to sinking into full-blown addiction.

Family Therapy Program

We also offer family therapy as part of our treatment at Evolve Indy, and this helps those who have an addiction to come to terms with their problems and look at the impact it has on their loved ones. It is important to realize the impact substance abuse can have on loved ones, and this process should help heal those relationships and ensure that a support system is not lost.

Consider one of our treatment programs this year if you or a loved one is suffering from substance addiction.

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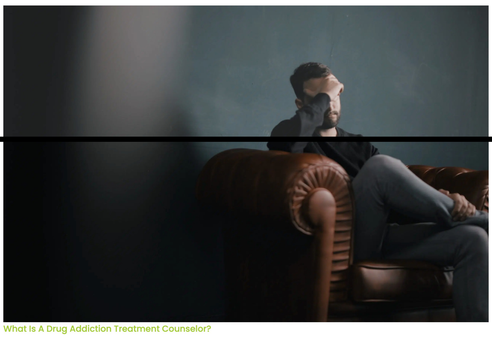

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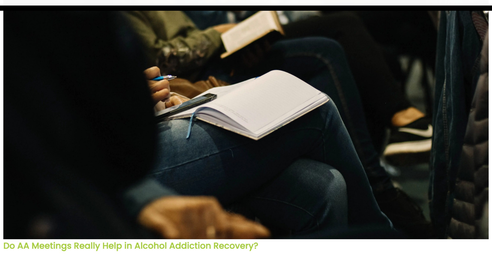

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