1. Home
2. Blog
3. Educational Resource
4. Fort Wayne Alcohol & Drug Rehab & Addiction Treatment Center

With the U.S dealing with an addiction crisis, more needs to be done to arrest the situation. In Fort Wayne, as in most of Indiana, there has been a steady uptick in the number of overdose deaths from opioids. What makes the situation worse is that people still don't understand the dangers of opioid addiction and doctors are still prescribing them without adequate monitoring.

The result is that more people are passing away from overdose-related deaths than ever before.

Here at Evolve Indy in Indiana, we are on a mission to provide drug and alcohol addiction treatment to as many people as needed. We understand how difficult it is to be battling an addiction and how scary it can be to ask for help. That is why we provide comprehensive and compassionate addiction treatment services.

Receiving Addiction Rehab Treatment in Fort Wayne

Our addiction treatment programs are open to people from all over Indiana and beyond. If you are a resident of Fort Wayne and are looking for drug rehab treatment either for yourself or a loved one, don't hesitate to get in touch.

There are several advantages to remaining local and choosing to receive rehab treatment in Indiana instead of going out-of-state:

- Your life won't be interrupted. Unless you're admitted to a residential rehab program, your life won't be significantly interrupted if you choose to get treatment locally. You can still go to work or attend classes while receiving treatment.
- It is less expensive. You'll save up on accommodation and travel costs since you won't be going to another state for treatment.
- Your family can easily participate in your treatment. Staying local also allows your family to participate in your treatment in various ways such as providing moral support or attending family therapy sessions.
- You learn to cope with stressors. Since you'll still be keeping up with your normal life, you'll still be exposed to your stressors and triggers. This allows you to put into practice the coping strategies you learned during rehab treatment.
- There is no need to make special arrangements for your kids or pets. You won't be traveling so there is no need to look for sitters or relatives who can take care of your kids and pets as you undergo treatment.

Addiction Treatment in Fort Wayne

At Evolve Indy, we only offer evidence-based addiction treatment programs. These are supported by scientific research and findings and we regularly update them as new evidence comes in. We don't go by what's popular in addiction treatment but instead aim for long-lasting results to keep you sober and help you avoid relapse.

We understand that addiction affects everyone differently, that's why we provide individualized and customized addiction treatment plans. Upon admission to our Indiana drug rehab facility, we take time to assess you and your physical and psychological state. This allows us to craft customized treatment plans that suit your specific needs and that are in line with your personal recovery goals.

Here is a quick breakdown of some of the treatment options we offer at our rehab center:

1. Partial Hospitalization Program (PHP)

Our Partial Hospitalization Program is designed for those who have recently undergone residential treatment or detox. It is a step-down program that is focused on getting clients comfortable so that they can turn their attention on the emotional, physical, and mental aspects of their recovery. As part of the program, clients attend group and individual therapy sessions to gain a better understanding of the underlying issues that contribute to addiction and how they can manage their response to cravings, triggers, etc.

2. Intensive Outpatient Program (IOP)

Evolve Indy's intensive outpatient program is ideal for those who have completed a PHP program. It differed significantly from a residential or inpatient program in that it doesn't take place in a hospital setting. Clients are free to resume their daily lives while still receiving addiction treatment. The main focus of this program is to help clients develop coping skills to attain sobriety and live in the community. This is done through addiction education, relapse prevention as well as group and individual therapy sessions

3. Outpatient Addiction Treatment

Our outpatient rehab program in Indiana is aimed at those who have a mild substance abuse problem or those who have recently undergone inpatient treatment. This stage in the continuum of care provides clients with the freedom to resume their daily lives while still progressing through treatment. For this to work, they need to be highly motivated to stick with the program as there is minimal supervision. Additionally, they need to have a strong support system at home to motivate them to keep achieving their recovery goals otherwise relapse is a real possibility.

4. Family Therapy Program

Addiction has an impact on an individual's life as well as their loved ones. In most cases, those battling with addiction go on to abuse the trust that their family and friends place in them. This leads to damaged, dysfunctional relationships. Our family therapy program is aimed at helping families repair, rebuild, and improve relationships that have been damaged by addiction.

During the therapy sessions, family members get to air out their feelings on how addiction has affected them and this can motivate those with substance abuse to change their behavior. Families also learn coping skills and tools to help them work towards creating more positive family relationships.

Find Treatment in Fort Wayne Indiana

If you're looking for addiction treatment in Fort Wayne, don't wait another second. Don't give in to the temptation to tell yourself that you have things under control or that you can beat addiction on your own. These false thoughts only keep you from facing the seriousness of the situation even as it worsens.

Take the first step on your road to recovery by contacting Evolve Indy today through the contact form on our website or by calling our hotline today. Let us help you turn your life around for the better.

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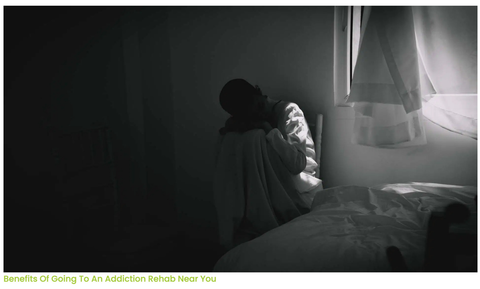

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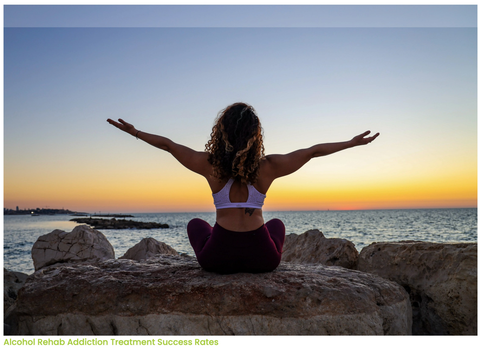

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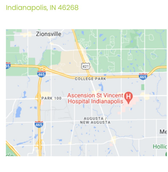
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