

# Can I Get Checked Into An Addiction Treatment Center Anonymously?

Seeking help for an addiction is a difficult step to make and some would want to remain anonymous when checking into an alcohol or drug rehab center. They could be political figures, celebrities, or just someone famous who lives in the public eye. If news leaks to the public that they are in rehab, then their careers may come to an end.

You don't have to be famous to want some privacy when seeking addiction treatment. Unfortunately, society has stigmatized those who opt to get treatment, making it even harder for them to get the help they need. To protect your family from stigma or ensure no one can judge you for being addicted to alcohol or drugs, you may want to check in anonymously to an addiction treatment center.

## We Adhere To Laws That Protect Your Privacy

Your privacy is something we at Evolve Indy take very seriously. As one of the leading drug and alcohol treatment facilities in Indianapolis, we adhere to these laws that protect your privacy:

### 1. The Health Insurance and Portability and Accountability Act of 1996 (HIPAA)

This law outlines the privacy rights and protections patients have regarding their health information including control over how that information is disclosed or used by health care providers. This means that your privacy in our rehab center is protected by law and we won't release any of your personal information unless required by law or by a court order.

### 2. The Alcohol and Drug Abuse Patient Records Privacy Law

This law specifies the restrictions concerning disclosing or using patient records, especially where the diagnosis or treatment of substance use/abuse is involved. This means that if you check into one of our [drug or alcohol treatment programs](#) such as our [Intensive Outpatient Program](#), we are bound by law to protect your privacy.

## What to Consider Before Checking in Anonymously to Rehab


- If you're paying for treatment using your insurance, you still have to provide proof of identification such as your photo ID or your insurance card for the insurance company to process payment. You can't use an anonymous name in this case.
- Some of our treatment programs such as our [Partial Hospitalization Program](#) may require you to attend group therapy sessions. Rest assured that your privacy will be protected. All our clients are required to sign a policy and agreement before being admitted where they agree to respect other patients' confidentiality.
- Instead of checking into rehab anonymously, you can choose to travel for addiction treatment. Attending rehab at a treatment center that's far from your home area protects your privacy since that you won't run into people you know.

## We'll Take Care of You


You won't have to worry about your privacy if you check into the Evolve Indy drug and alcohol treatment center in Indianapolis. We will protect your privacy and would never give out your personal information. That way, you can focus on getting better. For more information about our addiction treatment programs, [get in touch with us](#).

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